

PRE-CONFERENCE WORKSHOPS INFORMATION

Wednesday, August 13, 2025
Hyatt Regency, Orange County



BOARD EXAM PREP TRACK (ALL-DAY COURSE; 7:30 a.m. – 4:30 p.m.)

Addiction Medicine Board Exam Preparation Track

The Addiction Medicine Board Exam Preparation Workshop is designed for those preparing to take the American Board of Preventive Medicine (ABPM) Addiction Medicine Board Exam and is aligned with the Board's exam content Blueprint. The faculty of experienced educators will cover 16 key topic areas, with sample exam questions and rationale provided for answers. Test-taking and study tips will be covered. Registration for the all-day workshop includes access to the online High Yield Question Bank after the conclusion of the conference.

MORNING WORKSHOPS (8:30 a.m. – 12:00 p.m.)

Option 1: Redesigning Specialty Substance Use Disorder Systems to Better Reach the 95%

Even in the midst of the nation's worst overdose crisis, 95% of people with SUD are not receiving specialty treatment because they don't recognize a need for it. The traditional specialty SUD treatment model is structured with high barriers to care that can discourage a large number of people with SUD. SUD is widely recognized as a chronic medical condition, and yet traditional treatment models continue to require individuals already be in maintenance (abstinent) and punish a return to symptoms characteristic of chronic conditions (lapsing or returning to substance use). By using payment reform incentives focused on system design, optimizing outreach and engagement, and integrating harm reduction and treatment, this workshop will describe how Los Angeles County is broadening the reach of SUD services to support patients with non-abstinent goals of care and provide a blueprint for health systems to better reach the 95%.

Speaker(s):

Brian Hurley, MD, MBA, FAPA, DFASAM

President of the ASAM Board of Directors, Medical Director, Los Angeles County Department of Public Health, Substance Abuse and Prevention Bureau

Baldomero "Junie" Gonzalez, MPA, CADC III

Director of Operations, CRI-Help, Inc.

Vanessa Lãm, MPH MPP

Senior Staff Analyst, Los Angeles County Department of Public Health, Substance Abuse and Prevention Bureau

Option 2: ASAM Guidelines on Benzodiazepine Tapering

Benzodiazepine tapering remains a complex and often nuanced aspect of addiction medicine. This session will provide a structured overview of the American Society of Addiction Medicine (ASAM) guidelines for benzodiazepine tapering, offering clinicians evidence-based tools to support safe, individualized treatment plans. While the session will begin with a robust educational segment to

orient attendees to the key principles and recommendations outlined in the guidelines, it will also feature audience-interactive components, including small group discussions and real-world case challenges. Attendees will be invited to share difficult patient scenarios in advance or during the session, fostering peer learning and practical application of tapering strategies. Topics will include patient selection, risk stratification, tapering protocols, management of withdrawal symptoms, and alternative approaches for anxiety and insomnia.

Speaker(s):

Mason Turner, MD, DFASAM

Senior Medical Director, Enterprise, Behavioral Health Clinical Program, Intermountain Health

Tiffany Lu, MD, MS

Associate Medical Director of Addiction Services, New York City Health & Hospitals/Jacobi

Stephen Leung, MD

Assistant Professor, Psychiatry, UCSF School of Medicine

Donovan Maust, MD, MS

Research Professor in Geriatric Psychiatry; Associate Director, Ann Arbor VA Center for Clinical Management Research

David Dadiomov, PharmD, BCPP

Assistant Professor of Clinical Pharmacy; Director, PGY2 Psychiatric Pharmacy Program, Titus Family Department of Clinical Pharmacy

Option 3: Empowering Patients: Integrative Behavioral Health in Substance Use Disorder Treatment

This introductory workshop will allow for the exploration of the evidence and utility of incorporating education around lifestyle behavioral changes and complementary modalities to the treatment of SUDs. These interventions have the capability of helping patients in recovery to restore joy and prevent chronic illness that disproportionately affect them. Implementation of clinical practices and research that include lifestyle change education, complementary therapies, and group medical visits should be included across the continuum of SUD care.

Learning Objectives

1. Upon completion participants will be able to describe the components of Integrative Behavioral Health
2. Upon completion participants will be able to summarize the evidence for IBH in supporting neuroplasticity and dopamine restoration in SUD treatment and for specific IBH interventions in SUD treatment.
3. Upon completion participants will be able to create actionable and accessible lifestyle prescriptions to include in SUD patient care plans.

Speaker(s):

Amy de la Garza, MD, FASAM, IFMCP

Owner and Physician/Adjunct Faculty, Heron Wellness/University of Utah Department of Psychiatry

Elizabeth Howell, MD, MS, DFASAM, DLFAPA

Professor of Psychiatry, University of Utah, Huntsman Mental Health Institute

Mitika Kanabar, MD, MPH, DFASAM

Physician Director of Education, Southern California Permanente Medical Group

Steven G. Sugden, MD, MPH, MSS
Associate Professor, Health University of Utah

AFTERNOON WORKSHOPS (1:30 p.m. – 5:00 p.m.)

Option 1: Creating Public Access to Immediate MAT Starts: a Partnership Model linking Telemedicine Touchpoints to long-term Comprehensive Treatment

A publicly available helpline for opioid use disorder (OUD) can function similarly to tobacco quit lines but be tailored to the needs of opioid use disorder and medication for addiction treatment (MAT). These services can provide immediate connection to peer support and low-barrier access to buprenorphine, methadone, harm reduction resources, and linkage to ongoing care. Staffed by trained counselors/peers and addiction medicine specialists, these lines can offer brief motivational interventions, overdose prevention education, and real-time linkage to telehealth MAT providers as an interim step towards long-term engagement with treatment based in community health care centers and behavioral health outpatient programs. Around the county the MAT helpline concept is taking root at local and statewide levels as the single most practical and scalable strategy to increase initial engagement of people struggling with OUD.

This workshop will feature physician leaders from a set of innovative and successful regional programs in Los Angeles, San Francisco, and Oakland who will present actionable strategies to create sustainable and effective programs that build off a backbone of partnership between medical centers, behavioral health programs, and community touchpoints. Technology options, specific financing and sustainability models, traditional and non-traditional staffing options, evolving regulatory and compliance considerations, contracting details and integration with Cal-AIM will be described in this highly interactive workshop.

Speaker(s):

Brian Hurley MD

Medical Director of the Division of Substance Abuse, Prevention and Control, Los Angeles County Department of Public Health

Kyle Ragins, MD, MBA

Director of Urgent Care Ambulatory Care, Network, Los Angeles County Department of Health Services

Rebecca Trotsky-Sirr MD

Medical Director LAC Jail Health Services

Monish Ulla MD

Medical Director Alameda Health System Bridge Clinic

Andrew Herring MD

Chief of Addiction Medicine Alameda Health System, MPI Bridge Center at Public Health Institute

Noelle Martinez MD

Medical BEAM team SFDPH

Aimee Moulin MD

Chief of Addiction Medicine, UC Davis; MPI Bridge, Center at the Public Health Institute

Option 2: The Seven Deadly Sins: How to avoid the most common physician pitfalls and mistakes that result in medico-legal liability and unwanted patient outcomes

The presentation will present cases based upon the presenters' medico-legal experience illustrating the pitfalls and mistakes seen in cases. Drs. Kan and San Bartolomé serve as expert witnesses in civil and criminal cases for both plaintiff and defense. They will cover the common mistakes seen in treatment setting from outpatient to inpatient and the spaces in between. The workshop will prepare addiction medicine physicians to review their practice to ensure that they are working to the Standard of Care and exceeding it. We will discuss standards not taught to us during training and fellowship that are relevant to our daily practice. Addiction treatment runs the gamut as does liability in our practices. We will ensure that participants understand their legal and moral duties in providing appropriate care to our patients, and how to best prepare themselves to avoid unnecessary liability related to other stakeholders involved in care delivery.

Speaker(s):

David Kan, MD, DFASAM

Chief Medical Officer Bright Heart Health, University of California, San Francisco

Mario San Bartolome, MD, MBA, MRO, FASAM

CEO, Thru Health

Option 3: Optimizing Motivational Interviewing Across Cultures for Busy Clinicians and Educators

Learn or refine your clinical and teaching skills in Motivational Interviewing (MI) adapting principles and techniques across diverse cultures. This workshop provides tools to engage our patients/clients who have unhealthy alcohol and drug use, as well as other lifestyle changes to promote behavior change commonly addressed in primary care and other specialties. Strategies will be developed through mentored learning in breakout groups with clinical skills acquisition and practice. All participants will develop continuing learning plans to increase their MI proficiency.

Speaker(s):

Ken Saffier, MD, FASAM

MERF Board member, Clinical Professor, UCSF Department of Family and Community Medicine

Christina S. Lee, Ph.D.

Associate Professor and Director, CISWH Research Core

FULL DAY BOARD EXAM PREPARATION COURSE REGISTRATION FEES		
	Early Bird	Regular Rate
DEADLINES	Until July 11	After July 12 - July 31
CSAM/ASAM Member/Student/Fellow/Resident	☐\$825	☐\$925
Non-Member	☐\$1,029	☐\$1,129

HALF-DAY PRE-CONFERENCE WORKSHOPS REGISTRATION FEES		
	Early Bird	Regular
DEADLINES	Until June 14	June 15 - July 31
CSAM/ASAM Member	☐\$525	☐\$625
Non-Member	☐\$725	☐\$825
Associate Member	☐\$475	☐\$575
Resident/Fellow/ Student	☐ \$350	☐\$450

*Lunch and breaks are included for all BEPT and Wednesday Workshop attendees.