

A CONFERENCE ON THE TREATMENT OF SUBSTANCE USE DISORDERS

STATE OF THE ART ADDICTION MEDICINE CONFERENCE AND BOARD EXAM PREP TRACK



CSAM
CALIFORNIA SOCIETY OF
ADDICTION MEDICINE

PROGRAM HIGHLIGHTS

THREE PHENOMENAL KEYNOTE SPEAKERS:

Maia Szalavitz, Dr. George Koob and Melanie Kushnir

FOUR OUTSTANDING PANELS INCLUDE:

- Restructuring Addiction Care in Carceral System
- Psychedelic Trips: Spiritual, Clinical & Commercial Use
- MOTAA: Expanding Access to Methadone
- Team Lily: Addiction Care for Women

DECRIMINALIZED DRUGS:

Corporate Capture, Public Health & Policy

NEW THIS YEAR:

Evolving Trends in Addiction Medicine:
AI and Neuromodulation in Addiction Treatment

AUGUST 21 – 24, 2024

HYATT REGENCY SAN FRANCISCO
SAN FRANCISCO, CA



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MESSAGE FROM THE CONFERENCE CHAIR



On behalf of the California Society of Addiction Medicine (CSAM) and Conference Planning Committee (CPC), I invite you to join me in the vibrant city of San Francisco for 2024 CSAM State of the Art (SOA) Conference at the spectacular venue of Hyatt Regency San Francisco.

I am excited to share that we have a great lineup of expert faculty & speakers to cover a broad category of individual talks, panels, interactive sessions, and workshops, in addition to CSAM's popular Board Exam Review Course, integrated MERF (Medical Education Research Foundation) Scholars' track and Poster presentations.

Drug related overdose deaths remain a painful reality of our times. With the ongoing 4th wave of this epidemic and the ever-evolving drug market, much more needs to be done. To this end, California implemented SB 43 (expansion of LPS Grave Disability criteria to include SUD) and passed Prop 1 (modification and expansion of MHSAs funds to address SUD) within the 1st quarter of year 2024. These historical measures are some

of the steps in the right direction to support the most vulnerable members of our communities who are disproportionately impacted by the devastating and often fatal outcomes of substance use disorders.

Accordingly, the theme is "Social and Commercial Determinants of Health (SDoH & CDoH), traditional, innovative and evolving trends in addiction medicine".

In addition to addressing more prevalent substances (cannabis, alcohol, opioids, stimulants, nicotine etc.), the plenary will cover the rapid evolution/integration of Artificial Intelligence (AI) in healthcare & addiction treatment, neuromodulation for addiction, the changing landscape of psychedelic use & policies, potentials for corporate capture of recently legalized substances, rollout of contingency management in California for stimulant use disorder, updates on addiction treatment in carceral population & settings, the role of drug courts and much more. Our expert faculty will not only highlight the State-of-the-Art innovations & trends in addiction treatments but will also share practical tools and tips to be used in our day-to-day clinical work, where applicable.

Keynote Speakers include: Maia Szalavitz (Author with a focus on science, public policy, addiction treatment), Dr. George Koob (Director of NIAAA) and Melanie Kushnir (Director of Collaborative Justice Programs Superior Court of CA, County of SF). The breadth and depth of their expertise matches the essence of our conference theme and its intertwined relation to addiction.

Pre-conference workshops include: Management of Pain amidst the Opioid Crisis, Shifting Paradigms in navigating Psychedelic Therapy, Train the Trainer: A De-stigmatization Workshop and our popular MI (Motivational Interviewing). This year we are also bringing you an optional and COMPLIMENTARY Post Conference Workshop on Saturday afternoon: Integrating Addiction Medicine with Treatment Courts.

Along with fulfilling your cognitive and intellectual appetites during the conference, you will have the option of starting your days early with refreshing Yoga. We will host your breakfast, coffee & drinks, snacks, ice-cream, along with periodic poster viewing and exhibitors' visiting breaks during conference. And with a thoughtfully crafted plenary schedule, you will have ample time for site seeing in the early evenings and explore local cuisines.

In summary, the 2024 CSAM SOA Conference is planned as an experiential & educational retreat which will offer you a perfect blend of learning, advocating, exchanging ideas, networking, relaxing & rejuvenating, and sightseeing in San Francisco, CA.

I look forward to welcoming you to San Francisco in August 2024!

Sincerely,

Farah Zaidi, MD

Chair 2024 CSAM SOA Conference





CONFERENCE PLANNING COMMITTEE

Farah Zaidi, MD, FASAM,
Conference Chair

Jon Watson, MD,
Conference Vice-Chair

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**Maureen Strohm, MD, FAAFP,
DFASAM, MERF President**

**Mason Turner, MD, DFASAM,
Education Committee Chair**

**Chwen-Yuen Angie Chen, MD,
FACP, FASAM, Board Exam
Preparation Track**

ABOUT CSAM

CSAM's State of the Art Conference is the West Coast's premier Addiction Medicine conference, bringing together physicians and other healthcare professionals who specialize in the treatment of addictive disease.

This three-and-a-half-day conference offers the highest quality education sessions presented by nationally known experts within the field of addiction medicine, research poster sessions, pre-conference workshops, and our highly popular Board Exam Preparation Track.

Whether you're looking to update your knowledge or add new skills to your toolbox, this conference provides opportunities for learning, networking, and collaboration among peers, colleagues, and friends.

LEARNING OBJECTIVES

After attending this conference, participants should be able to:

- Assess clinical practice for opportunities to enhance patient experience and access to care for major substance of abuse based on the tenants of social and commercial determinants of health
- Discuss evolving trends in addiction medicine, including AI and neuromodulation
- Summarize basic principles and diagnosis of major substance use disorders



WHO SHOULD ATTEND?

- **Addiction Medicine specialists** interested in the latest developments in the field and their relevance to clinical practice.
- **Physicians** preparing to take the American Board of Preventive Medicine (ABPM) Addiction Medicine Board Exam.
- **Primary care, psychiatry** and other **specialty field clinicians** who want a better understanding of addiction and to improve their care of patients with unhealthy substance use and addictions.
- **Public policy makers, administrators** and **advocates** who want an understanding of the current state of the field of addiction and its greater implications including towards prevention, access to care, integrated systems of care and healthcare technology.
- Other **health care professionals**, including **psychologists, therapists, nurses**, and **addiction counselors**, who are involved in the treatment of patients with or at risk of substance use.

PRE-CONFERENCE WORKSHOPS

WEDNESDAY, AUGUST 21, 2024

7:30 am – 4:30 pm | CME CREDITS: 7

Addiction Medicine Board Exam Preparation Track

The Addiction Medicine Board Exam Preparation Workshop is designed for those preparing to take the American Board of Preventive Medicine (ABPM) Addiction Medicine Board Exam and is aligned with the Board's exam content Blueprint. The faculty of experienced educators will cover 16 key topic areas, with sample exam questions and rationale provided for answers. Test-taking and study tips will be covered. Registration for the all-day workshop includes access to the online High Yield Question Bank after the conclusion of the conference.

MORNING WORKSHOPS

8:30 am – 12:00 pm | CME CREDITS: 3

Navigating Pain Management: The Role of Buprenorphine and Methadone Amidst the Opioid Crisis

Learners will take away systematic approaches to acute and chronic pain management for people with a history of substance use disorder. This will include being able to summarize the evidence base for buprenorphine for the treatment of chronic pain (in the absence of opioid use disorder), the reasons for and steps to transition a patient from high dose opioids to buprenorphine, and how to have clinical conversations about this transition. The role of methadone in this population will also be covered. The expert faculty will also explore the forefront of pain management with a glimpse into emerging novel treatments, such as learning 2-3 therapies on the horizon for chronic non-cancer pain sufferers.

Faculty: Soraya Azari, MD | Joan Deng, MD, PhD
Caitin Garvey, RN, MS, AGPCNP-bc

8:30 am – 12:00 pm | CME CREDITS: 3

Train the Trainer: Develop and Implement a Destigmatization Workshop for Your Clinical and Administrative Staff *(Limited Seating)*

Break new ground in combating stigma within substance use disorder (SUD) treatment by joining our workshop designed to equip clinical and administrative support staff with specialized education. The vital influence of non-addiction medicine clinicians and staff on patient care remains overlooked. Our

workshop fills this crucial gap by offering insights into stigma within SUD care and delivering a templated Destigmatization Workshop tailored for both clinical and administrative teams. Engage in dynamic breakout sessions customized to various clinical settings, from inpatient to outpatient, emergency department and palliative care. Walk away with a concrete plan for workshop development and implementation, empowering you to lead transformative education initiatives within your practice.

Faculty: Jesse Ristau, MD | Irina (Era) Kryzhanovskaya, MD
Debora Ghosh

AFTERNOON WORKSHOPS

1:30 pm – 5:00 pm | CME CREDITS: 3

Shifting Paradigms: Navigating Psychedelic Therapy in Mental Health and Addiction

This workshop will focus on the safe, effective, and relational delivery of psychedelic medicines to individuals with addictive disorders. In addition to developing an understanding of the history, mechanisms of action, and ongoing research, attendees will come away with a deeper understanding of the delivery of these medicines as part of relationship, spirituality and community. Through case presentations, panel discussions, and presentations by leading experts, we will explore the importance of providing these medicines within the context of a collaborative therapeutic approach. Target audience: clinicians interested in the safe, holistic, relational use of psychedelics in treatment of addiction.

Faculty: Eva Altobelli, MD | Steve Rosonke, MD
Veronika Gold, MA, LMFT | Ivy Rose Marsh, LCSW
Yeshiva Blakeney | Amy de la Garza, MD, FASAM, IFMCP

1:30 pm – 5:30 pm | CME CREDITS: 3.75

Motivational Interviewing for Busy Clinicians and Educators *(Limited Seating)*

Learn or refine your clinical and teaching skills in Motivational Interviewing (MI) to promote behavior change for unhealthy alcohol and drug use, as well as other lifestyle changes commonly addressed in primary care and other specialties. Strategies will be developed through mentored learning in breakout groups, clinical skills acquisition, and practice. All participants will develop continuing learning plans to increase their MI proficiency.

Faculty: Matt Tierney, MD | Jennifer Hetteema, PhD

STATE OF THE ART ADDICTION MEDICINE

PRE-REGISTRATION DEADLINE:
JULY 31, 2024



THURSDAY, AUGUST 22, 2024

7:00 AM – 5:00 PM	Registration Open
6:00 AM – 7:00 AM	Yoga
7:00 AM – 8:00 AM	Mutual Help Demonstration Meeting <i>(open to all)</i>
PLENARY SESSIONS	
8:00 AM – 8:05 AM	Welcome and Announcements <i>Farah Zaidi, MD, FASAM</i>
8:05 AM – 8:55 AM	Opening Keynote: Harm Reduction by <i>Maia Szalavitz</i> Moderated by <i>Chwen-Yuen Angie Chen, MD, FACP, FASAM</i>
8:55 AM – 9:40 AM	Keynote: Neurobiology of Addiction Redefined: Social Determinants on Genetic Vulnerability <i>George Koob, PhD</i>
9:40 AM – 10:20 AM	Opioids: Long-acting Buprenorphine and Overdose Prevention for Unhoused in Fentanyl Era: A Street Medicine Approach <i>Christy Soran, MD, MPH</i> <i>Trevor Lee, MD</i>
10:20 AM – 10:45 AM	Refreshment Break and Poster Viewing
10:45 AM – 11:25 AM	Ever Present Danger of "Corporate Capture" Related to Decriminalized Drugs <i>Benjamin Breen, PhD</i>
11:25 AM – 12:25 PM	Restructuring Addiction Care Access in Carceral Population and System <i>Shira Shavit, MD</i> <i>Jon Watson, MD</i> <i>Judge Michael Isaku Begert</i>
12:25 PM – 1:30 PM	Lunch
1:30 PM – 2:30 PM	Women and Addiction Team Lily: <i>Rebecca Schwartz, MSW</i> <i>Dana Lazarovitz, PHN</i> <i>Teresa Rondone, Navigator</i> <i>Caitlin Felden-Heimer, MD</i>
2:30 PM – 3:00 PM	SUD in Transgender and Nonbinary Individuals <i>Jackie Alba-Nguyen, MD MPH</i>
3:00 PM – 3:05 PM	MERF Message
3:05 PM – 3:25 PM	FACILITATED DISCUSSION 1
3:25 PM – 3:50 PM	Refreshment Break and Poster Viewing
3:50 PM – 4:30 PM	Youth and Substance Use <i>Veronika Mesheriakova, MD</i>
4:30 PM – 5:00 PM	Harm Reduction for Youth: Just Say Know <i>Chelsea L. Shover, PhD</i>
5:00 PM	Adjourn
8:00 PM – 9:00 PM	Mutual Help Demonstration Meeting <i>(open to all)</i>

STATE OF THE ART ADDICTION MEDICINE

PRE-REGISTRATION DEADLINE:
JULY 31, 2024



FRIDAY, AUGUST 23, 2024

7:00 AM – 5:00 PM	Registration Open
6:00 AM – 7:00 AM	Yoga
7:00 AM – 8:00 AM	Mutual Help Demonstration Meeting <i>(open to all)</i>
PLENARY SESSIONS	
8:00 AM – 8:05 AM	CSAM President's Address <i>Sharone Abramowitz, MD, DFASAM</i>
8:05 AM – 8:10 AM	ASAM President's Address
8:10 AM – 8:50 AM	Keynote Address <i>Melanie Kushnir, LCSW</i>
8:50 AM – 9:40 AM	Stimulants: Statewide Roll-Out of Contingency Management Programs for Stimulant Use <i>Richard Rawson, PhD Ayesha Appa, MD</i>
9:40 AM – 10:00 AM	FACILITATED DISCUSSION 2
10:00 AM – 10:25 AM	Refreshment Break and Poster Viewing
10:25 AM – 11:10 AM	Changing DEA Telehealth/Stimulant Access (ADHD) / Dark Web Element, Prescription Stimulants Shortage and Increased Risk for Illicit Use <i>Brian Hurley, MD, MBA, FAPA, DFASAM</i>
11:10 AM – 11:55 PM	Smoking Cessation Intervention in Homeless and Marginally Housed Persons <i>Maya Vijayaraghavan, MD, MAS</i>
11:55 AM – 12:20 PM	CSAM Awards Presentation
12:20 PM – 1:20 PM	Lunch
1:20 PM – 2:30 PM	Psychedelics <i>Anna Lembke, MD Brian Anderson, MD Danielle Nova</i>
2:30 PM – 3:30 PM	Cannabis & Psychedelics: Policy Landscape and Public Health Impacts <i>Beau Kilmer, PhD</i>
3:30 PM – 3:55 PM	Ice Cream Social and Poster Viewing
3:55 PM – 4:55 PM	Broadening the Scope: Should Methadone Remain Siloed to OTPs? <i>Scott Steiger, MD Hillary Kunis, MD</i>
4:55 PM	Adjourn
8:00 PM – 9:00 PM	Mutual Help Demonstration Meeting <i>(open to all)</i>

Please note that while every effort will be made to adhere to the published program, the organizers of the conference reserve the right to change the schedule, modify session topics, or replace speakers as necessary. Any such changes will be communicated to registered attendees as soon as possible.

STATE OF THE ART ADDICTION MEDICINE

PRE-REGISTRATION DEADLINE:
JULY 31, 2024



SATURDAY, AUGUST 24, 2024

6:00 AM – 7:00 AM	Yoga
7:00 AM – 8:00 AM	Mutual Help Demonstration Meeting <i>(open to all)</i>
7:30 AM – 12:00 PM	Registration Open
PLENARY SESSIONS	
8:00 AM – 8:45 AM	Processed Foods, Sugar Industry & Ozempic Robert Lustig, MD
8:45 AM – 9:30 AM	Alcohol Use Disorder and Integrative Approaches Sharone Abramowitz, MD, DFASAM
9:30 AM – 10:10 AM	Neuromodulation in Addiction Treatment Khaled Moussawi, MD PhD
10:10 AM – 10:30AM	Refreshment Break and Poster Viewing
10:30 AM – 11:15 AM	Managing Chronic Pain in Today's Epidemic of Opioid Overdose Deaths Andrea Rubinstein, MD
11:15 AM – 12: 00 PM	Emerging Technologies in Addiction Treatment: Artificial Intelligence (AI), Machine Learning, ChatGPT Jonathan H. Chen, MD, PhD
12:00 PM – 12:05 PM	Conference Chair's Closing Remarks Farah Zaidi, MD, FASAM
12:15 PM – 1:30 PM	Planners' Debrief Meeting <i>(invitation only)</i>

SATURDAY, AUGUST 24, 2024

Integrating Addiction Medicine with Treatment Courts

12:45 pm – 4:45 pm | CME CREDITS: 3.5

This FREE course will introduce you to the basics of addiction medicine and treatment courts. You will learn practical methods for addressing systemic challenges like reducing stigma, advocating for your patients, and creating an effective partnership between medical providers, treatment court specialists, and patients. National experts will also use case studies to teach best practices for diagnosis and treatment of patients involved in the criminal legal system. This is a great way to build a new skill set or improve upon what you already know about treatments courts.

Acknowledgement: ASAM has partnered with the All Rise through an Office of National Drug Control Policy (ONDCP) grant initiative to allow medical providers active with and new to the drug treatment court field access to training to help guide them in the successful integration of services for individuals with substance use disorders involved in the justice system. CME credit will be given by ASAM and not CSAM for this workshop.



CONTINUING EDUCATION CREDIT

ACCREDITATION STATEMENT

The California Society of Addiction Medicine is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.

The California Society of Addiction Medicine designates this live activity for a maximum of **23.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Please note, you may claim the following credits for each section of the meeting:

- CSAM SOA Plenary Conference offers a maximum of 17 credits
- Board Exam Preparation Track offers a maximum of 7 credits
- Pre-Conference Workshops offer a maximum of 3.75 credits, depending on the workshop



CONTINUING EDUCATION CREDITS (CEUS)



Participants seeking alternative continuing education will receive a certificate of attendance upon completion of the activity. Participants should submit their certificate of attendance to their professional organization/institute for reciprocal credits.

Additional credits may be secured. Visit the conference website for the most up to date accreditation information.

MUTUAL HELP SUPPORT AND DEMONSTRATION MEETINGS

A longstanding CSAM tradition, mutual help meetings will be available during the conference.

DISCLOSURE STATEMENT

In accordance with CSAM and CMA policies, all planners, faculty, and moderators with control over activity content are required to disclose any financial relationships held with ineligible companies over the last 24 months.

All relevant financial disclosures will be properly mitigated and disclosed at the time of the activity.

HOTEL & REGISTRATION INFO

HOTEL

HYATT REGENCY SAN FRANCISCO

555 Embarcadero Center | San Francisco, CA 94111

The **Hyatt Regency San Francisco** is the host hotel for CSAM's State of the Art Addiction Medicine Conference. Located at 555 Embarcadero Center, San Francisco, CA 94111, the hotel is approximately 30 minutes from the **San Francisco International Airport (SFO)** and easily accessible by **MUNI, BART** and **FERRY**. The Hyatt has just completed a multi-million-dollar renovation which has transformed their spacious rooms and suites into sophisticated urban retreats with inviting modernist style in a natural palette with State of the Art amenities and spectacular balcony views of the city or San Francisco Bay. A State of the Art hotel for a State of the Art Conference!

The world-famous Ferry Building is across the street, bustling with shops and restaurants as well as its beloved and celebrated Farmers Market offering the quality and diversity of its fresh farm products from California's most notable and sustainable farms, finest food makers and chefs.

BENEFITS OF STAYING AT THE HYATT

CSAM has secured a block of rooms at a discounted room rate. The daily destination fee per room has been waived for the group. Booking your room at the host hotel helps CSAM meet its room block commitment. The attendees, networking, and all things CSAM take place at the hotel!



Hotel Reservation Cut-Off:

Monday, July 29, 2024. **Book Your Room**



REGISTER ONLINE

Early Bird Deadline: Friday, June 14, 2024

Pre-Registration Deadline: Wednesday, July 31, 2024

Onsite Registration: Additional \$50

HOTEL CANCELLATION

Cancellations made 72 hours prior to scheduled arrival will be accepted or pay a fee equal to one night's room and tax.

WHAT'S INCLUDED

Pre-Conference Workshops (Wednesday)

includes: morning and afternoon coffee breaks and access to PPT presentations in PDF format on the conference app for the workshop(s) you are registered for.

Full Conference Plenary (Thursday – Saturday)

includes: continental breakfast, morning and afternoon refreshment breaks, access to PPT presentations in PDF format on the conference app and access to recorded content from this year's State of the Art Conference post event.

One-Day Conference Plenary includes:

continental breakfast, morning, and afternoon coffee breaks on the day you are registered and access to PPT presentations in PDF format on the conference app.

Half-Day Conference Plenary (Saturday AM Only)

includes: continental breakfast and access to PPT presentations in PDF format on the conference app.

CANCELLATION

Cancellations on or before July 31 are subject to a \$200 administrative fee. No refunds for cancellation will be given after July 31. All requests for refunds must be received in writing. Substitutions may be accepted.

SPECIAL ASSISTANCE

If you require reasonable accommodation to participate in this event, please contact the CSAM Office at 415.764.4855.

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