

STATE OF THE ART ADDICTION MEDICINE

PLENARY SESSIONS

THURSDAY, AUGUST 31, 2023

6:00 AM – 7:00 AM	Yoga
7:00 AM – 5:00 PM	Registration Open
7:00 AM – 8:00 AM	Mutual Help Support Meeting
8:00 AM – 8:05 AM	Conference Chair's Opening Remarks Joy Hao, MD, PhD
8:05 AM – 8:15 AM	ASAM President Address Brian Hurley, MD, MBA, FAPA, DFASAM
8:15 AM – 9:00 AM	Fentanyl Futures: Dynamics in Supply, Use Patterns and Public Health Responses Dan Ciccarone, MD, MPH
9:00 AM – 9:45 AM	Opioids & Fentanyl Julio Meza, MD
9:45 AM – 10:30 AM	Alcohol Barbara Mason, MD
10:30 AM – 11:00 AM	Break with Exhibitors and Poster Displays
11:00 AM – 11:35 AM	Benzodiazepine-Sparing Protocol for Alcohol Withdrawal Panel Christopher Blazes, MD and Beth Howell, MD, MS, DLFAPA, DFASAM
11:35 AM – 12:05 PM	CASE DISCUSSION
12:05 PM – 1:30 PM	Networking Lunch (Lunch provided)
1:30 PM – 2:15 PM	Stimulants Javier Ballester, MD, FASAM
2:15 PM – 2:55 PM	Co-occurring Mental Health Disorders Mason Turner, MD, DFASAM
2:55 PM – 3:25 PM	Break with Exhibitors and Poster Displays
3:25 PM – 4:00 PM	Treatments for ADHD in Substance Use Disorders Debate Mason Turner, MD, DFASAM and Gerrit van Schalkwyk, MD
4:00 PM – 4:40 PM	Psychosocial Treatment Eve Lasswell, PsyD
4:40 PM – 5:10 PM	Spirituality Fireside Chat Chwen-Yuen Angie Chen, MD, MD, FACP, FASAM; F. Cullen Averill III, MD; and Johanna O'Flaherty, PhD, LADAC, CEAP
5:10 PM	Adjourn – FREE time to enjoy San Diego!
8:00 – 9:00 PM	Mutual Help Support Meeting



TARGET AUDIENCE

- Physicians in all medical fields seeking to build their expertise in the full spectrum of diagnosis and management of substance use disorders.
- Physicians preparing for The American Board of Preventive Medicine Addiction Medicine Board Examination.
- Physicians in the field who want a refresher course based on the latest clinical research.
- Any health care professionals, including but not limited to psychotherapists, nurses and drug abuse counselors, are involved in the treatment of patients with substance use disorders.





STATE OF THE ART ADDICTION MEDICINE

PLENARY SESSIONS

FRIDAY, SEPTEMBER 1, 2023

6:00 AM – 7:00 AM	Yoga
7:00 AM – 5:00 PM	Registration Open
7:00 AM – 8:00 AM	Mutual Help Support Meeting
7:45 AM – 8:00 AM	CSAM President's Address Karen Miotto, MD, DFASAM and Sharone Abramowitz, MD, FASAM
8:00 AM – 8:45 AM	Dopamine Fasting: An Early Intervention for Compulsive Overconsumption in the Digital Age Anna Lembke, MD
8:45 AM – 9:45 AM	Adolescent Addiction Medicine Panel Moderator: Artha Gillis, MD, PhD Arastou Aminzadeh, MD, FASAM, FAPA; Gerrit van Schalkwyk, MD; and Siddarth Puri, MD
9:45 AM – 10:15 AM	Break with Exhibitors and Poster Displays
10:15 AM – 10:55 AM	Cannabis Alexander Young, MD, MSHS
10:55 AM – 11:40 AM	Co-occurring Medical Presentations Jon Watson, MD
11:40 AM – 12:10 PM	CASE DISCUSSION
12:10 PM – 1:30 PM	Networking Lunch (Lunch provided)
12:40 PM – 1:00 PM	Presentation by Gilead (Not eligible for CME Credit)
1:30 PM – 2:05 PM	Neurobiology Javier Ballester, MD, FASAM
2:05 PM – 2:45 PM	Sedative-Hypnotics Christopher Blazes, MD
2:45 PM – 3:15 PM	Ice Cream Break with Exhibitors and Poster Displays
3:15 PM – 3:45 PM	Pregnancy Tipu Khan, MD, FAAFP, FASAM
3:45 PM – 5:15 PM	Frontiers in Harm Reduction Panel Moderator: Julio Meza, MD Christy Sutherland, MD, CCFP(AM), dABAM; Gilmore Chung, MD; Maurice Byrd, LMFT; Soma Snakeoil, MD; and Leo Beletsky, JD, MPH
5:15 PM	Adjourn
6:00 PM – 8:00 PM	A 50 Year CSAM Celebration!
8:00 PM – 9:00 PM	Mutual Help Support Meeting

LEARNING OBJECTIVES

AFTER ATTENDING THIS CONFERENCE, PARTICIPANTS SHOULD BE ABLE TO:

- · Reflect on key principles of addiction medicine as outlined by the American Board of Preventative Medicine
- Describe the pharmacology and physiological effects of major substances of abuse, including intoxication and withdrawal states, as well as associated health consequences
- Summarize basic epidemiology and diagnosis of major substance use disorders
- Outline current evidence-based pharmacological treatment and non-pharmacologic interventions for major substance use disorders
- Examine emerging evidence around novel treatments and approaches to alcohol and opioid withdrawal, and frontiers of harm reduction





STATE OF THE ART ADDICTION MEDICINE

PLENARY SESSIONS

SATURDAY, SEPTEMBER 2, 2023

6:00 AM – 7:00 AM	Yoga
7:00 AM – 12:30 PM	Registration Open
7:00 AM – 8:00 AM	Mutual Help Support Meeting
8:00 AM – 8:45 AM	Psilocybin & MDMA Elias Dakwar, MD
8:45 AM – 9:45 AM	Ketamine & Novel Treatment in Addiction Medicine Moderator: Elias Dakwar, MD, Cory Weissman, MD; Andrew Herring, MD; and Lucinda Grande, MD
9:45 AM – 10:15 AM	CASE DISCUSSION
10:15 – 10:45 AM	Break
10:45 AM – 11:25 AM	Nicotine Robert Anthenelli, MD
11:25 AM – 12:05 PM	Sedative-Hypnotics Christopher Blazes, MD
11:25 AM – 12:05 PM	Ethics, Law, and Telehealth David Kan, MD, DFASAM
12:05 PM – 12:40 PM	Process Addiction Mitika Kanabar, MD, MPH, FASAM
12:40 PM	Conference Chair's Closing Remarks Joy Hao, MD, PhD
12:45 PM – 2:00 PM	Planners' Wrap-Up Lunch Meeting (by invitation only)

CONTINUING EDUCATION CREDIT



ACCREDITATION STATEMENT

The California Society of Addiction Medicine is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.

The California Society of Addiction Medicine designates this live activity for a maximum of 24.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Please note, you may claim the following credits for each section of the meeting:

- CSAM Addiction Medicine Review Course offers a maximum of 17.75 credits
- Board Exam Preparation Track offers a maximum of 7 credits
- Pre-Conference Workshops offer a maximum of 3.5 credits, depending on the workshop

CONTINUING EDUCATION CREDITS (CEUS)

Participants seeking alternative continuing education will receive a certificate of attendance upon completion of the activity. Participants should submit their certificate of attendance to their professional organization/institute for reciprocal credits.

Additional credits may be secured. Visit the conference website for the most up to date accreditation information.

DISCLOSURE STATEMENT OR INFORMATION

In accordance with CSAM and CMA policies, all planners, faculty, and moderators with control over activity content are required to disclose any financial relationships held with ineligible companies over the last 24 months.

All relevant financial disclosures will be properly mitigated and disclosed at the time of the activity.

